I have seen a vast improvement in my children's emotional well-being. I attribute this change to [the MFLC] and her support group.

It has been the key factor in getting my children through this terribly sad and emotional time in their lives.

Neither I nor my husband could even begin to thank her enough for what she has done for [my children]. My husband is due home in about two weeks, and we all are thankful for that day to come. When he does return, he will come to group to personally thank [the MFLC], along with pictures of happy children welcoming home their Daddy, a United States Marine.

With utmost respect, a Military Spouse

CYB-MFLC

CHILD AND YOUTH BEHAVIORAL MILITARY AND FAMILY LIFE COUNSELOR PROGRAM

MFLC
Military & Family Life Counselor Program

WHO ARE CYB-MFLCs AND WHAT DO THEY DO?

CYB-MFLCs are

- Masters or Doctorate-level licensed counselors specializing in child and youth behavioral issues
- Available at no cost to assist children and youth, parents, family members and staff of child and youth programs
- Available to provide short-term, non-medical counseling support

Services are private and confidential with the exception of child abuse/neglect, domestic abuse and other duty-to-warn situations.

HOW DO CYB-MFLCs MAKE A DIFFERENCE?

CYB-MFLCs provide a wide range of support to military children and youth, family members and staff who work with children by

- Engaging in activities with children and youth
- Providing behavioral interventions in classrooms, at camps and in Child Development Centers to assist staff in setting and managing boundaries
- Modeling behavioral techniques and providing feedback to staff
- Being available to parents and staff to discuss interactions with children and other concerns
- Facilitating psycho-educational groups

ISSUES ADDRESSED BY CYB-MFLCs

- School adjustment
- Deployment and separation
- Reunion adjustment
- Sibling and parent-child communication
- Behavioral concerns
- Fear, grief and loss