MC&FP FACT SHEET

Moving with Children

Background

Moving every few years is a normal part of military life, whether in response to a new duty assignment or to accommodate a family's needs during a deployment. Most military children will have six to nine different homes from kindergarten to 12th grade. For children, moving means facing the challenges of making new friends, adjusting to new installations and cities, and changing schools.

Highlights

By staying organized and reaching out for support, parents can make moves smoother for the entire family:

- Parents play an important role in helping children adjust well to a move. An enthusiastic, organized approach to the move can help the family positively manage the transition together. Tools like customized moving calendars and to do lists available through Plan My Move can help parents stay on top of all their moving related tasks.
- The Military Youth on the Move website, created specifically for military children, features dynamic content to help children and teens adjust to a move, including information on making friends, getting to know their new community and many other topics.
- The Family Readiness System, a network of agencies, programs, services, and individuals, and the collaboration among them, provides a wealth of information and resources for military families and children, including relocation assistance professionals to help through every phase of a move.

Easing School Transitions

In collaboration with the Council of State Governments, national education and military family organizations, and state policy leaders, the Department of Defense created the Interstate Compact on Educational Opportunity for Military Children, which minimizes school disruption for military children when they move to a new school district.

Additional Information

Military Youth on the Move
http://apps.militaryonesource.mil/myom

Plan My Move
http://planmymove.militaryonesource.mil

Military OneSource
www.militaryonesource.mil/cyt